

THE LEATHER LANE DENTAL PRACTICE

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ADVICE AFTER EXTRACTIONS:

- Do not wash your mouth out on the day of the extraction. You may eat and drink.
- The next morning, rinse your mouth with hot salt water and continue night and morning (and a couple of times during the day if possible) for four days.
- Post-operative swelling is to be expected.
- Take painkillers as necessary. For example two Ibuprofen every 3 to 6 hours (**not** Aspirin). If you have severe uncontrollable pain, please contact the surgery.
- If antibiotics have been prescribed take them regularly half an hour before meals for the complete course. If you are taking Metronidazole (Flagyl) do not take any alcohol.
- You may feel a sharp edge of a socket with your tongue and small fragments may work loose. This is normal.

If bleeding continues-

- Stop rinsing as this may prevent a clot forming in the socket.
- Sit upright.
- Place a pad made from a clean handkerchief or gauze over the socket and bite firmly on it for half an hour.
- Inspect socket and if still bleeding replace the pad.
- If your efforts are unsuccessful after an hour or two contact the surgery.